





Dr Tarsha Basheer MBBS, FRANZCOG Fertility Specialist

I did additional O&G training with Flinders Fertility before I qualified and have been running my own busy gynaecology practice for nearly 20 years. I was keen to reconnect with Flinders Fertility last year because of its focus on community engagement, its best practice laboratory, and friendly team environment.

# Connecting with our community

We are passionate about delivering ethical, caring and compassionate care to our patients and community. Here are some of the initiatives we are involved with:

# Research - The Flinders Environmental Epigenetics through Life (FEEL) Study

We are collaborating with Flinders University on this project, which explores the relationship between paternal stress and reproductive outcomes. The pilot study is already gaining attention internationally, and we are hoping it will lead to a larger multi-centre project with long-term follow up.

## Supporting patients with cancer

For patients diagnosed with cancer, fertility preservation treatment is bulk-billed. We also provide five years' free storage of gametes and embryos.

## **Training and education**

Through our long association with Flinders University and SA Local Health Network, we have been involved in training numerous South Australian medical practitioners and O&G specialists.

Now that we have settled in our new clinic in Glenelg, we plan to resume our training programme later this year. We also hold regular after work education events for local doctors and our team members throughout the year. If you would like to keep up with the latest news in fertility, please contact our admin team and ask to register for the next session (phone: 08 8155 5333, email: enquire@flindersfertility.com.au).

# **Supporting South Australian** businesses and community

We promote and participate in local community events, and give preference to South Australian businesses as much as possible.

# **Subsidised Treatment for Financially Disadvantaged Patients**

We are the only fertility clinic in South Australia to offer subsidised IVF treatment fees for concession and pension card holders.

## Supporting wildlife and the environment

Our surplus medical supplies are currently being donated to a local wildlife hospital. We are also working towards reducing our carbon footprint, by recycling waste and using electronic patient management files and email as much as possible

When you refer to Flinders Fertility, you can be confident that we have the interests of our patients and our community front of mind.





# Referring Patients To Flinders Fertility - frequently asked questions

# Most of my patients work, do you offer out of hours appointments?

Yes, we offer evening and Saturday morning appointments

# What is the maximum age for fertility treatment at Flinders Fertility?

We treat women up to the average age of natural menopause (51 years), but patients may need to consider donor oocytes if they plan to undertake IVF treatment after the age of 45. Whilst there is no maximum age for male patients, we counsel patients as to the potential health risks of late fatherhood where relevant.

#### What other restrictions exist?

Due to day surgery restrictions, we are unable to conduct procedures on high risk patients including women with a BMI of >40. In some cases, females with a BMI of 40-44 may be suitable for non-surgical treatment (such as IUI or Ovulation Induction).

#### What information should I include in a referral?

A brief history of the patient is useful, including details of previous pregnancies (if any), an up to date cervical screening test result, and copies of any previous fertility-related tests including bloods, scans, etc

### Can you treat same sex and transgender patients?

We have been treating same sex females for many years and pride ourselves on our inclusive environment for LGBTIQ singles and couples. We also offer fertility preservation for transgender patients. However, we are currently not able to offer surrogacy, and are therefore limited in our ability to assist single or same sex males who wish to have a family.

### What is the best way of sending a referral?

We can accept referrals and other communications via HealthLink, as well as by fax: (08 8155 5330), or by post to 24 Gordon Street, Glenelg. We can offer a referral template suitable for upload into most medical practice software – please contact our admin team

on **08 8155 5333** or **enquire@flindersfertility.com.au** for details.

### Which services do you offer at Flinders Fertility?

We offer fertility investigations (including surgery such as hysteroscopy/laparoscopy and laparoscopic treatment of endometriosis), most standard Assisted Reproductive Technology Treatments including IVF, ICSI, IUI, Ovulation Induction, a donor programme (clinic and patient recruited donor sperm, patient-recruited donor oocytes), surgical sperm retrieval, fertility preservation for cancer patients, oocyte and sperm cryo-preservation, genetic testing of embryos (PGT-A), Life Whisperer for embryo selection and many others.

# Which fertility-related services do you not currently offer at Flinders Fertility?

As mentioned above, we do not currently offer surrogacy. Other treatments that we do not offer include PGT-M (embryo selection for known genetic conditions), and reversal of sterilisation surgery.

### Are there other patients you cannot treat?

We are unable to treat patients with a criminal history or if we have concerns for the future welfare of the child. In some circumstances, we may ask patients to undertake an independent assessment as to their suitability for treatment.

#### Is there anything else I should know?

We are a small, friendly team and offer genuinely compassionate, individualised care and outstanding service. Our pregnancy rates speak for themselves. We are co-located with our Day Surgery, and all facilities including our state-of-the-art laboratory are located under one roof here in Glenelg.

## Any more questions?

Feel free to call us on **08 8155 5333** or email us at **enquire@flindersfertilty.com.au**