

Our Team

Director Clinical Services

Dr Michael McEvoy MBBS, FRANZCOG, MBA
Obstetrician and Gynaecologist

Clinicians

Dr. Enzo Lombardi MBBS, FRANZCOG
Obstetrician and Gynaecologist

Dr. Linda Roach MBBS, DipObs, FRANZCOG
Obstetrician and Gynaecologist

Dr. Neerja Kamal MBBS, MD, FRANZCOG
Obstetrician and Gynaecologist

Scientific Director

Dr. Herman Fernandes PhD (University of Adelaide)

Fertility Nurse Manager

Gill Homan RN, RM, MN, BEd

Counsellor

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flindersfertility

Ovulation Induction



131 IVF (131 483)

Personalised Care | Specialised Treatment

“Welcome to... flindersfertility”

Ovulation Induction

At flinders**fertility** we offer Ovulation Induction to patients who have an ovulation problem.

Ovulation induction is a fertility treatment where medication is used to stimulate the ovaries with the intention of producing and ovulating a single egg. This is either in the form of oral medication (Clomid) or injections (FSH). Please refer to the Ovulation Induction Booklet, Pathways to Parenthood Series, for more details.

What happens during an ovulation induction cycle?

Ovulation Induction with Clomid

- Clomid is generally taken for 5 days from the beginning of your menstrual cycle, and your doctor will provide you with a script.
- You will need to ring the nurses with day 1 of your period & they will provide specific instructions *If you do not have regular periods we will work out a plan specifically for you
- Your response will be monitored with blood tests and scan(s)
- Blood tests and scans are performed in the morning from 7.30am, at Flinders Fertility
- Once ovulation is about to occur you will be advised to have intercourse
- Sometimes an injection is required to assist ovulation
- Some women may require luteal support (progesterone pessaries or injections) following ovulation
- A blood test for pregnancy will be taken approximately 18 days after ovulation

Ovulation induction with FSH

- FSH injections will be administered daily from day 5 of your menstrual cycle
- Our nurses will provide instruction regarding injection administration, and your doctor will provide you with a script
- You will need to ring the nurses with day 1 of your period & they will provide specific instructions *If you do not have regular periods we will work out a plan specifically for you
- Your response will be monitored with blood tests and scan(s)
- Blood tests & scans are performed in the morning from 7.30am, at Flinders Fertility
- Once ovulation is about to occur you will be advised to have intercourse
- Sometimes an injection is required to assist ovulation
- Some women may require luteal support (progesterone pessaries or injections) following ovulation
- A blood test for pregnancy will be taken approximately 18 days after ovulation

Please note that Lifestyle changes, such as improving your diet and regular exercise, are recommended to help your natural fertility, as well as improving your chance of pregnancy if fertility treatment is recommended.

flinders**fertility** Staff are dedicated to supporting patients throughout their treatment, and a counselling service is also available at flinders**fertility**, at no cost to patients. However there is a management fee for an Ovulation Induction Cycle, so please refer to the flinders**fertility** Fees Brochure for more details about Treatment Costs.